



# What Charitable Contributions Make Possible

## For Pete's Sake



For Pete's Sake Cancer Respite Foundation (FPS) has an elegantly simple model: provide young adults facing rigorous cancer treatment or guarded diagnosis with an opportunity to spend carefree and cost-free time with their loved ones in peaceful and comfortable settings by offering families a respite vacation.

Together, even for a glimpse, our patients and their loved ones experience immeasurable joy amidst devastating crisis as part of the respite vacation experience. FPS gives the gift of time; the FPS families create priceless magical, memorable moments together.

FPS offers comfortable and secure environments to celebrate love in the face of uncertainty, reflect and reconnect in the midst of turmoil and strengthen inner faith and regain emotional strength in the shadow of adversity. We encourage patients, their caregivers and their children to confront cancer hardships together. The respite vacation experience empowers them for what lies ahead and encourages them to share their experiences as a beacon of hope for others.

By working with Oncology Professionals at over 100 hospitals and cancer centers, our program targets an area that modern medicine struggles to address: the emotional, psychological and spiritual trauma of a cancer diagnosis. FPS is the only organization that focuses exclusively on therapeutic respite travel experiences for adult cancer patients, their caregivers and children. Each person on a FPS respite experiences a priceless mental break as a part of the patient continuum of care.

Donors give because they realize the vital service we are providing cancer patients, their loved ones and their extended community. **In collaboration with our donors, nearly 130 families will travel this year (translating to over 400 people annually) and an additional eight hundred people will be offered ancillary family support, from family gatherings to palliative care and grievance support services.**

Over 3,000 individuals donated to our mission last year, contributing nearly \$1,123,200 in cash and stock. Beyond traditional cancer care, we focus on the concept of coping with cancer by the entire family unit, including patient, caregiver and often, young children. Studying qualitative and quantitative data routinely obtained by FPS staff following a family respite, we identified four common themes associated with respite benefit: 1) Relationship Quality Among Family Members (includes spouses and children of varying ages), 2) Work and Life Endurance/ Renewed Stamina, 3) Patient Treatment Compliance post respite, and 4) Joy/Mental Break. We are currently on year two of a research project collecting this data and continue to evaluate our family engagement resources.

